

# Tips On Running Essential Errands

Vol. 2

## Shopping for food & other household essentials

- Stay home if sick Avoid shopping if you are sick or have symptoms of COVID-19
- Order online or use curbside pickup Order food & other items online for delivery or curbside pickup (if possible)
- Protect yourself while shopping Wear a face covering, keep 6' between you & other shoppers, don't touch your face
- Use hand sanitizer After leaving the store, use hand sanitizer.
- At home When you get home, wash your hands with soap and water for at least 20 seconds.

#### **Getting Gasoline**

- Use disinfecting wipes on handles & buttons before you use them (if available)
- · Use hand sanitizer when you are done fueling.
- · Wash your hands with soap & water for at least 20 seconds when you get home.

### Getting the mail, accepting deliveries & takeout orders

- · Limit in person contact if possible
- · Wash your hands or use hand sanitizer after accepting deliveries or collecting mail

#### Banking

- Use the drive-through ATM if one is available. Clean the ATM keyboard with a disinfecting wipe before you use it.
- · Use hand sanitizer when you are done with your transaction.
- $\cdot$  Wash your hands with soap & water for at least 20 seconds when you get home.

For more information on staying safe during the COVID-19 health crisis, please visit cdc.gov

